

## Police/Fire/Ambulance

**EMERGENCY: PHONE 000** 

## **Crisis support help lines**

24 hours a day - 7 days a week

Lifeline	13 11 14
Crisis Care	1800 199 008
Samaritans Helpline	13 52 47
Suicide Call Back Service Crisis support for people aged over 15 years	1300 659 467
Mental Health Emergency Response Line (for over 18 adults) Perth metro Peel region	1300 555 788 1800 676 822
CAMHS Crisis Connect (for under 18 years) Urgent mental health support, advice and assessment for children and young people	1800 048 636
Rural Link 4.30pm – 8:30am Monday to Friday 24 hours Saturday, Sunday and public holidays	1800 552 002
After-hours telephone service for people in rural and regional Western Australia experiencing a mental health crisis.	
Women's Domestic Violence Helpline	9223 1188
Kids Helpline Telephone counselling service for young people aged 5 - 25	1800 551 800
Poisons Information Centre	13 11 26
Family Helpline Free telephone counselling for families with relationship difficulties	9223 1100
Sexual Assault Resource Centre (SARC) Emergency Line	1800 199 888
Mensline Australia Men's Domestic Violence counselling (for men over 15)	1300 78 99 78

6279 1200
9428 1500
131 444
1800 737 732
1800 022 222
1800 000 599

## **Counselling & information services (not 24-hour services)**

The Salvation Army	137 258
Q Life LGBTI peer support and referral about sexuality, identity, gender, bodies, feelings or relationships. 3pm - midnight 7 days	1800 184 527
Police Assistance - (Non-urgent)	131 444
Alcohol and Drug Support Service	9442 5000
Autism Connect National helpline for Autism information. 8am-7pm, Mon-Fri	1300 308 699
Child Protection Unit - Perth Children's Hospital	6456 0089
Problem Gambling Helpline	1800 858 858
Parenting line NGALA Children up to 18 years old 8am-6pm	9368 9368
Carers WA	1300 227 377
Carer Gateway Services	1800 422 737

## **Covid-19 Hotlines**

800 020 080
option 5)
800 022 222