

## Coronavirus (COVID-19) Plan



Coronavirus (COVID-19) is a virus that is making lots of people sick around the world.

Coronavirus is like a flu or bad cold.



It can make you sick with:

- A fever (a temperature higher than 38 degrees)
- Dry cough
- Sore throat
- Trouble breathing

Some people will only get a little bit sick and will get better quickly.



Some people will get very sick, very quickly and will need to go to hospital.





At the moment not many people are sick with Coronavirus in Western Australia.



But the number of sick people is growing quickly.



It is important that DDWA start planning now in case lots of people get sick with Coronavirus.

DDWA must keep our staff, volunteers, members and the people who use our service safe.



## **Keeping safe**

There are things we can do to keep safe:

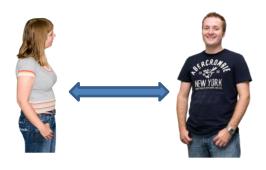


 Wash your hands lots of times every day.

You should wash your hands for 20 seconds with soap and warm water.



• Use hand sanitiser regularly if you can.



 Stay 1 metre away from each other – this is called 'social distancing'.

It helps to stop you from breathing in the virus from someone who is sick.



Try not to shake hands or touch other people





• Try not to not touch your face, eyes, mouth or nose.

Touching these places could mean the virus gets from your hands inside your body. This could make you sick.



Make sure you sneeze and cough into your bent elbow



or



use a tissue and throw it in a bin straight away.

Then wash your hands.



• If you are sick do not come to work.

Even if you only feel a little bit sick you must stay home. Make an appointment with your doctor.

Tell the doctor if you have symptoms of Coronavirus. They will tell you what to do to stay safe.





## Meetings

All meetings with people outside of DDWA should be postponed.

Postponed means to put off to a later date.



Meetings can be done over the phone or video.



We do not know if people outside of DDWA are being safe.

We do not want to risk our staff or members being near someone who

- Is sick
- Has been near sick people



## **DDWA Events**



All DDWA events are cancelled.



We will decide when to hold our events. This will be when the corona virus has stopped making people sick.

We will email everyone to tell them the new dates for our events.