

# Is Side by Side right for my family?

## Do You:

- have a son or daughter with behaviour which can be described as challenging?
- or your family members ever feel isolated, alone, afraid, saddened, stressed by the behaviour of your son or daughter?
- ever feel that if you could better understand or communicate with your son or daughter things would be better?
- ever have a need to share your experiences with others who have been down the same road?
- think you would benefit from learning new strategies or finding out what other people in a similar situation have done?
- wish you had support to work through the services and systems you are connected with or need to connect with?



“I have gained knowledge, confidence and friendship.”



DDWA's Side by Side project is funded through an Information, Linkages and Capacity Building (ILC) grant through the National Disability Insurance Agency.

# Side by Side

Families supporting families who experience challenging behaviour





“It’s great to support and be supported at the same time.”



Maggie Visser and Bron Pike  
(Side by Side Managers)

Developmental Disability WA is a community organisation which provides support, education, information and advocacy for people with a developmental disability and their families.

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You can also contact us on Facebook:

### Side by Side

[www.facebook.com/groups/378334628980426](https://www.facebook.com/groups/378334628980426)



ADVOCACY



KNOWLEDGE



COMMUNITY

**DEVELOPMENTAL DISABILITY** *wa*

Developmental Disability WA  
City West Lotteries House  
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## The Side by Side Community

Side by Side has been operating since 2012. The aim of building this community is to ensure that people and families who experience challenging behaviour are better supported; and to develop family leaders who continue to grow this vital peer support so families are not isolated or overwhelmed.

There is a private Facebook page where families can join to ask questions, share information and provide peer support. DDWA also present various topics to help families build their own capacity including:

- Understanding behaviour
- Having a vision
- Standing up for someone you love
- Inclusion

DDWA continues to be connected to behaviour support practitioners and coach and mentor families through the Side by Side program.